

PARISH COUNSELING SERVICES (PCS)

WHAT?

PCS is short term professional counseling through Catholic Charities or independent licensed Catholic counselors available to help parishioners, through difficult issues such as marital problems, raising children, eldercare, bereavement or the stress of job loss that can be successfully addressed with brief counseling support, which is defined as six (6) sessions. Please note: Short term counseling is not an appropriate treatment for severe or persistent mental illness.

WHERE?

At locations throughout the Diocese of Trenton either at offices of Catholic Charities or at the private offices of independent Catholic Counselors working with PCS.

HOW?

You can access PCS through your pastor or a parish priest, who can help you complete and will send in a short referral form to get it started. *So, reach out to your pastor.*

A PCS coordinator will contact you to arrange for counseling after clarifying more about what you are looking to get.



OFFERED BY

Diocese of Trenton
Parish Counseling
Services and
Catholic Charities

SESSION COST

\$90 per session if
privately paying

\$25 per session if
receiving PCS
financial assistance

Health insurance if it is
applicable & you choose

BENEFITING

Parishioners in any
parish located within
the Diocese of Trenton

FOR MORE INFORMATION OR
CLARIFICATION, CALL
BRENDA L. RASCHER
609-403-7180

GOD BLESS...!