



Lunch Break Pantry

URGENTLY NEEDED ITEMS

NON-PERISHABLE FOOD



- **Canned Beans ***
 - Black
 - White
 - Kidney
 - Garbanzo
 - Pinto
 - Baked
- **Canned Soup ***
 - Chicken
 - Vegetable
 - Tomato
- **Oatmeal**
**low sodium preferred*
- **Canned Meals ***
 - Spaghetti
 - Ravioli
 - Chili
- **Canned Chicken ***
- **Canned Tuna Fish ***
- **Canned Vegetables ***
 - Corn
 - Peas
 - Carrots
- **Apple Sauce ****
- **Almond or Oat Milk ****
(plain and shelf stable)
***No sugar added preferred*

TOILETRIES & SUPPLIES

- **Toothbrushes**
- **Toothpaste**
- **Deodorant**
- **Shampoo**
- **Body Wash**
- **Dish Soap (smaller sizes)**
- **Laundry Detergent**
- **Baby Diapers**
(sizes 2, 3, 4, 5, 6)
- **Baby Wipes**
- **Adult Diapers**
(women sizes L, XL, XXL)



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